

# Repentance has no expiration date

**Isaiah 59:20** And the Redeemer shall come to Zion, and unto them that turn from transgression in Jacob, saith the LORD.

**Repentance**- to turn or return

-feel or express sincere regret or remorse about one's wrong doing or sin

-to change one's mind

**Change**-make or become different

## 5 stages of change:

1. Pre-contemplation
2. Contemplation
3. Preparation
4. Action
5. Maintenance

**Pre-contemplation**-people in this stage have no intention of changing their behavior for the foreseeable future. They are not thinking about changing their behavior, and may not see the behavior as a problem when asked.

**Contemplation**-look thoughtfully for a long time at. To look at or view with continued attention, observe or study thoughtfully.

**Preparation**-\*the action or process of making ready or being made ready for use.

-\*something done to get ready for an event or undertaking. When you prepare well, starting well is easy.

**Action**- the fact or process of doing something, typically to achieve. The accomplishment of a thing usually over a period of time in stages, or with the possibility of repetition.

**Maintain**-cause or enable a condition to continue. To keep in an existing state. Preserve from failure. To sustain against opposition or danger.

**2 Corinthians 7:10-11** <sup>10</sup> For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death.

<sup>11</sup> For behold this selfsame thing, that ye sorrowed after a godly sort, what carefulness it wrought in you, yea, what clearing of yourselves, yea, what indignation, yea, what fear, yea, what vehement desire, yea, what zeal, yea, what revenge! In all things ye have approved yourselves to be clear in this matter.

**verse 10:**

**Worketh**-the results will show Gods hand working in your life

**Salvation**-freedom from molestation of the enemy

**Molest**- to pester or harass someone in an aggressive or persistent manner, especially with hostile intent

**Death**-separation from God, misery, etc.

**verse 11:**

**Carefulness**-to give all diligence eagerness, haste

**Clearing of yourselves**-making sure we are free totally from what had us bound. answering for one's self.

**Indignation**- anger or annoyed by something. True repentance produces a hatred for what is wrong.

**Fear**-It should never sit well with us when we break God's word. Our spirit man should sound the alarm.

**Vehement desire**-longing. True repentance births a desire or craving to walk right before God.

**Zeal**-excitement. True repentance births motivation to get it right.

**Revenge**-true repentance teaches us how to punish the wrong doing, not people.

When repentance has its way, a person is quick to turn from what angers the Lord and then will allow God to teach them how to maintain a like that pleases Him